

KNIGHTS CAFÉ at NESD

Questions? Contact Cirbie Krslovic
916-663-3307 ext 2217 ckrslavic@newcastle.k12.ca.us

OCTOBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3	4	5	6	7	8
9	10 Jumbo Corndog Fruit & Veggie Milk	11 Bean & Cheese Burrito Fruit & Veggie Milk	12 Pizza Day! Fruit & Veggie Milk	13 Turkey Sub Fruit & Veggie Milk	14 Spaghetti Fruit & Veggie Milk	15
16	17 Chili & Cornbread Fruit & Veggie Milk	18 Burger Fruit & Veggie Milk	19 Pizza Day! Fruit & Veggie Milk	20 Chicken Quesadilla Fruit & Veggie Milk	21 French Toast Sticks Fruit & Veggie Milk	22
23	24 PB&J Fruit & Veggie Milk	25 Turkey Sub Fruit & Veggie Milk	26 Pizza Day! Fruit & Veggie Milk	27 Bean & Cheese Burrito Fruit & Veggie Milk	28 Chicken Sandwich Fruit & Veggie Milk	29
30	31 Jumbo Corndog Fruit & Veggie Milk					

***ONE (1) FREE BREAKFAST AND
*ONE (1) FREE LUNCH EVERY SCHOOL DAY!!**

STUDENTS ENROLLED AT NEWCASTLE ELEMENTARY AND CHARTER SCHOOL, MAY HAVE ONE (1) FREE BREAKFAST SNACK AND ONE (1) FREE LUNCH MEAL EACH SCHOOL DAY. STUDENTS WHO WANT A SECOND MEAL MAY PURCHASE AT FULL PRICE OF \$2 FOR BREAKFAST AND \$3 FOR LUNCH.

MEALS INCLUDE (each day):

Breakfast Item, Fruit & Milk.
Lunch Entrée, Fruit / Veggie, Milk.

MENU SUBJECT TO CHANGE

At any time, the menu is subject to change due to unforeseen circumstances. Meals will follow the required USDA Meal Pattern.

